

CHURCH OF CORPUS CHRISTI

1919 North 2nd Street, Bismarck, ND 58501-1735
email: info@corpuschristibismarck.com
website: www.corpuschristibismarck.com
facebook: www.facebook.com/CorpusBismarck

Parish Office255-4600
Parish Center255-3104
Parish Fax..... 255-4616

WEEKLY LITURGY SCHEDULE

Saturday (Vigil of Sunday)4:00 p.m.
Sunday 8:30 & 10:45 a.m. and 6:30 p.m.
Spanish Mass (3rd Sunday) 1:00 p.m.
Monday12:10 p.m.
Tuesday 12:10 & 5:30 p.m.
Wednesday-Friday 7:00 a.m. & 12:10 p.m.

EUCCHARISTIC ADORATION

Tuesdays (12:45-3:15 p.m.); Thursdays (7:00 p.m.)

MISSION STATEMENT

As disciples of Jesus, we live our faith through Word, Sacrament, and Service.

Rev. Paul D. Becker, Pastor 255-4600 (ext. 203)
Rev. Raphael Obotama, Parochial Vicar 255-4600 (ext. 211)
Rev. Terry Wipf, Parochial Vicar.....255-4600 (ext. 218)
Tracy Kraft, Parish Manager.....255-4600 (ext. 212)

PASTORAL MINISTERS

Cindy Anderst, Pastoral Care.....255-4600 (ext. 205)
Jennifer Braun, Music Ministry.....255-4600 (ext. 209)
Mariah Conner, Faith Formation255-4600 (ext. 219)
Mary Janusz, Pastoral Care255-4600 (ext. 220)
Sr. Ivo Schoch, Outreach Ministry255-4600 (ext. 208)
Rachel Krueger, Youth Coordinator255-4600 (ext. 210)

DEACONS: Michael Fix, Lonnie Grabowska, Rex McDowall

PARISH SUPPORT STAFF

Loretta Arntz, Bookkeeper 255-4600 (ext. 201)
Jane Bosch, Kitchen Manager..... 255-4600
Viola Bullert, Janitress 255-4600
Niel Heinze, Maintenance Technician 255-4600
Bridget Johnson, Administrative Secretary..... 255-4600
Colleen Reinhardt, Receptionist 255-4600



November 5, 2017

SACRAMENTS

Reconciliation - Saturdays at 3:00 p.m., Weekdays: 15 minutes prior to Mass or please call the pastor at 255-4600 for an appointment. If you are homebound and unable to come to the Church and need a priest to come to your home for confession, please call 255-4600 to set this up.

Baptism - The Baptism Preparation Program and Baptism Schedule are by arrangement. Please call the parish office at 255-4600 to register prior to your delivery date and the program director will return your call. Parents must be registered at Corpus Christi or have permission from their parish.

Marriage - Couples planning to be married should call the parish office at 255-4600 at least **9 months** in advance. Completion of required paperwork and taking the FOCCUS premarital inventory is also needed this early. **November FOCCUS will be on Thursday, November 16th at 7:00 p.m.**

Natural Family Planning Classes are offered by the Bismarck Diocese. The methods offered are Billings Ovulation Method, Creighton Model Fertility Care System, Marquette Model and Sympto-Thermal Methods. If you have questions about NFP please contact the Diocese of Bismarck at 222-3035 or www.bismarckdiocese.com/nfp.

Persons wishing to learn more about the Catholic faith may call Tracy Kraft at 255-4600.

PARISH BULLETIN DEADLINE: Articles must be received by noon on Wednesdays (*typed format*).

PRAYER TREE: 255-4600

Humility bears fruit. It is the laden bough that hangs low and the most fruitful Christian who is the most humble.

Follow the leader. Mimicry is a great teaching tool. From our first game of "Follow the Leader" to corporate training videos, we learn by imitating. Watch and then do. It's not just the easiest form of training, it's often the best. Our cluttered, noisy minds are hushed while the eyes take in information and our bodies simply repeat what we see. And statistics have proven that this "mindless" repetition yields faster, more efficient results. Imagine what this can mean in our spiritual life. Pick the right leader and you'll follow a godly, righteous path at an amazing pace. Pick the wrong guide and you'll be halfway down the road to perdition before your mind engages. It's something Jesus warned His disciples about again and again. Leaders are only human and they can fail just as those who follow can do. To ensure we follow the right path we must not merely open our eyes, but listen with our spirit and think with the mind God gave us. And keep watching the best trainer: Jesus. If we keep our eyes on Him we'll always be following the right leader, no matter who's on the road directly in front of us.



Your stepping stones back into life....

Lotus (Looking Onward

To Understanding and Serenity) is a group for men, women and young adults who have experienced a death. This group meets on the 2nd and 4th Tuesdays of every month September through May, at 10:00 a.m. for men, 1:00 p.m. for women, and 7:00 p.m. for men and women. **Grief shared is grief diminished.**

SOS (Sounds of Silence) is a support group that meets on the 1st and 3rd Tuesdays for those who have experienced the suicide of a loved one. **After a suicide... there are people who understand.**

LOTUS and SOS will meet for a *combined* session on **Tuesday, November 14th at 7:00 p.m.** at the Center for Loss and Healing at Parkway Funeral Service, 2330 Tyler Parkway. The topic will be **"Holidays, Schmolidays"**.

CONTRIBUTIONS (GENERAL FUND) - (2,275 households)	
Adult Envelopes (331).....	\$14,067.96
Youth Envelopes	\$ 165.49
TOTAL RECEIVED (October 29)	\$14,233.45
1st Sunday	\$17,550.09
Electronic Contributions (146)	\$14,204.81
2nd Sunday	\$22,038.47
3rd Sunday	\$22,501.52
Electronic Contributions (99).....	\$ 9,236.81
Spanish Mass	\$ 182.26
4th Sunday	\$12,022.96
5th Sunday	\$14,233.45

We appreciate your generosity which is part of being faithful stewards of Corpus Christi.

EUCCHARISTIC ADORATION.

Tuesdays 12:45-3:15 p.m. (*private, quiet time, incense free*) with the Chaplet of Divine Mercy at 3:00 p.m. All are welcome to spend time in Jesus' awesome Eucharistic presence. Eucharistic Adoration (Benediction, Rosary and the Chaplet of Divine Mercy) is also available Thursdays with Father Terry from 7:00-8:00 p.m. **This year we are celebrating the beginning of the Twenty-Second year of Eucharistic Adoration.**

EUCCHARISTIC ADORATION



Vocation Views: Are you a person of integrity? Do your words match your deeds? Remember, those who are great and those who serve. How do you serve others? (Matthew 23:1-12)

Stewardship Thoughts: Those who practice stewardship see themselves as caretakers of God's gifts. They are grateful for what they have received and are eager to share their gifts out of love for God and one another.

Weekly Mass Intentions

- Monday, Nov. 6- †Peter Welder (12:10 p.m.)*
- Tuesday, Nov. 7- †Lillian Welder (12:10 p.m.)*
†Brandy Bartnick (5:30 p.m.)
- Wednesday, Nov. 8- Special Intentions (7:00 a.m.)*
†Ed Lacher (12:10 p.m.)
- Thursday, Nov. 9- †Marcia K. Schmidt (7:00 a.m.)*
†Michael Hinman (12:10 p.m.)
- Friday, Nov. 10- Poor Souls in Purgatory (7:00 a.m.)*
†Raymond Wehrman (12:10 p.m.)
- Saturday, Nov. 11- †Sam & Margarete Krivoruchka (4:00 p.m.)*
- Sunday, Nov. 12- †Danny Heraf (8:30 a.m.)*
†Gordon Lonning (10:45 a.m.)

Children's Christmas Eve Program

Calling all children Pre-school through 5th grade who would like to participate in the Christmas Eve program. This program takes place before our 4:00 p.m. Christmas Eve service. Practices will be held on Monday afternoons from 3:30-5:00 p.m. in the Community Room starting after Thanksgiving.

(November 27, December 4, 11, 18)

Snacks will be provided. No registration required.

For more information call Mariah Conner at 255-4600.



Volunteers are needed twice a month to help aid in our Faith Formation Classrooms from 3:30-5:00 p.m. For more information, contact Mariah Conner at 701-255-4600.

HIGH SCHOOL RETREAT

Crystal Springs Ranch-November 11th-12th

Contact Rachel in the Parish Office at 701-255-4600 for more information or to sign up!

Bismarck Catholic Daughters will meet on Tuesday, November 7th at 7:00 p.m. at Cathedral. Guests are welcome. For more information call Delores at 701-221-2818.

Ultreya will meet on November 7th at 7:00 p.m. at St. Mary's Parish in Bismarck. Ultreya is a gathering of people who have made a Cursillo weekend. For more information contact Kathy Dosch at 701-527-3221.

Walk of St. James

Kathy Sommer will share how she was spiritually inspired to travel to the northwestern coast of Spain to complete an 86 mile journey of the "Walk of St. James". In addition to sharing the inspirational story, you will see breathtaking slides of ancient churches nestled in the mountains and villages, along with bridges from medieval times and rolling farmland. Kathy invites everyone to experience the walk on Monday, November 13th from 7:00-8:00 p.m. in the Community Room.



What's Going on Here This Week

- Tues. 11/7 Quilting, 9:00 a.m., Community Room
Eucharistic Adoration, 12:45-3:15 p.m., Chapel
- Wed. 11/8 Faith Formation (A), 3:30-5:30 p.m.
Children's Choir, 4:30 p.m., Choir Room
Faith Formation (A), 6:00-7:30 p.m.
Cantata Choir, 6:30-7:30 p.m., Choir Room
Confirmation (3), 6:30 p.m., Conference Room
Middle School Youth Ministry,
7:00-8:30 p.m., Room 140
Pre-Confirmation (1), 7:00 p.m., Community Room
Confirmation (4), 7:30 p.m., Conference Room
- Thurs. 11/9 Toastmasters, 6:30 a.m., Community Room
Health Fair, 9:00 a.m.-12:00 p.m., Parish Hall
Eucharistic Adoration, 7:00 p.m., Chapel
Prepare, Care, Share & Prayer Women's Group,
7:00-8:30 p.m., Community Room



The Health, Wellness and Education Fair is coming up on November 9. Flu Shots will be available along with blood pressure checks and many information booths.

CHECK THE INSERT FOR MORE INFORMATION.

Marriage Moments: *Ways to Turn Your Beloved Off #4:* Let TV trump your spouse as your companion of choice. Yes, you can watch a favorite program together, but beware of TV or videos stealing time from being together.

Parenting Pointers: On All Souls' Day (November 2nd) we remember those who have died. Death can be scary, especially to children. Honor those you know who have died. Perhaps try a dinner prayer like, "*Dear God, we thank you for the life of _____ who taught us to _____.*" Include pets if you wish. (Susan Vogt... www.SusanVogt.net)



**FOOD PANTRY NEEDS FOR
NOVEMBER
CEREAL AND PEANUT BUTTER**

Don't Forget to set your clocks back this Saturday Night.



The Holy Father Speaks... Jesus calls us to change our lives, to change paths, calls us to conversion. And this means fighting against evil, even in our own hearts, a struggle that does not give you ease, but gives you peace. This is the fire that Jesus sets on earth - a fire that calls for change. Changing our way of thinking, changing our way of feeling. Your heart, which was worldly, pagan, now becomes Christian with the strength of Christ: to change, this is conversion that involves everything, body and soul, everything. It is a change, but it is not a change that is made with make-up. It is a change that the Holy Spirit makes within. And I have to make it mine so that the Holy Spirit can act. And this means a battle, fighting! Easy-going Christians, who don't fight, don't exist. They are not Christians, they are lukewarm. The tranquility necessary for sleep can be found even with a pill, but there are no pills for inner peace. Only the Holy Spirit can give that peace to the soul that gives strength to Christians. And we must help the Holy Spirit by making space in our hearts. A daily examination of conscience can help us in this. It can help us to fight against the maladies the enemy sows called the maladies of worldliness. The fight Jesus wages against the devil, against evil, is not something old, it is a modern thing, a thing of today, of all days, because of the fire that Jesus has come to bring us in our hearts. And so we must allow him to enter and must ask ourselves each day: "How have I passed from worldliness, from sin, to grace? Have I made room for the Holy Spirit, so that He can act?" The difficulties in our lives are not resolved by watering down the truth. The truth is this: Jesus has brought fire and struggle. "What am I going to do? A generous and faithful heart is needed. Generosity that always comes from love is faithful, faithful to the Word of God."

Welcome! Thank you for choosing to worship with us today and we hope you will return often. If you do not belong to a parish, please consider choosing Corpus Christi as your church home. You may call the parish office at 255-4600 to register.

Date: Nov 11-12	November 11, 2017		November 12, 2017		November 12, 2017		November 12, 2017	
	4:00 PM		8:30 AM		10:45 AM		6:30 PM	
Hospitality	1	Mary Ann Grossman	1		1	Bonnie Kisch	1	
	2	Evelyn Spangler	2		2	Stella Schiele	2	
	3		3		3	Lucille Shea	3	
	4		4		4		4	
	5		5		5		5	
	6		6		6			
Ushers	1	Helen Berger*	1	Bob Dauenhauer*	1	Nancy Haunz*	1	Tim Rivinius
	2	Michael Kordonowy	2	John Novak	2	Chuck Holzer	2	Vince Selensky
	3	Derek Theurer	3	George Simek	3	Bernie Holzer	3	Karen Selensky
	4	Ron Hopfauf	4	Pius Ternes	4	Dennis Mastel	4	
	5		5		5		5	
	6		6		6			
Lectors	1	Joyce Hinman	1	Amy McKay	1	Claudia Dietrich	1	Annie Paulson
	2		2	Mary Prochnow	2	Jackie Mrachek	2	Mary Soucie
Servers	1	Noah Weber	1	Kylie Paczkowski	1	Kaleb Clark	1	Mikayla Brackin
	2		2	Mattie Schatz	2	Charlie Holzer	2	Zachary Brackin
					3	Nathan Kraft		
Eucharistic Min	BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST		BODY OF CHRIST	
	R-1	Darrell Pladson	R-1	William Knudson	R-1	Rick Kaufman	R-1	Maureen Vosberg
	2	Bob Clooten	2	Gerald Mathern	2	Cora Bucholz	2	Tim Bohan
	3	Sandy Wald Clooten	3	Pamela Mathern	3	Laverne Kaufman	3	Pat Herbel
	4	Jan Eiseman	4	Emerita Loeb	4	Phyllis Lentz	4	Mary Soucie
	5	Phyllis Lentz	5	Kathy Knudson	5	Kathryn Feist	5	
	6		6	Anna Rathbun	6	Matt Kraft	6	
	7		7	Ron Torkelson	7	Mary LaDuke	7	Father Terry
	8		8	Virginia Torkelson	8	Steven Mittelsteadt	8	
	9	Father Paul	9	Father Raphael	9	Father Paul		
	10		10		10	Jackie Mrachek		
	11				11			
	12				12			
	LG		LG		LG		LG	
	BLOOD OF CHRIST		BLOOD OF CHRIST		BLOOD OF CHRIST		BLOOD OF CHRIST	
	1	Carol Thompson	1	Charles Volk	1	Karen Stahl	1	Myles Vosberg
	2	Clyde Thompson	2	Amy McKay	2	Corinne Scholl	2	Moni Krantz
	3	Sharleen Pulver	3	Helen Dauenhauer	3	Mary Siverson	3	
	4	Lorraine Hoffman	4	Dale Kasowski	4	Kim Wetzel	4	
	5		5	Mary Kasowski	5	Vicki Wetzel	5	
	6		6	Jim Janusz	6	Kathy Zahn	6	
	7	Deacon	7	Deacon	7	Deacon	7	Deacon
	8		8		8	Raymond Zink	8	
	9				9			
	10		10		10			
	11				11			
	12				12			

Can you help? The blank spaces mean we need more help in that ministry. Please come to the ushers room and sign in on the schedule to help. Thank You.

Mary - A Biblical Walk with the Blessed Mother

by Edward Sri

Prepare, Care, Share and Prayer Women's Group

Thursday, November 9, 2017 7:00-8:30 p.m.

Participants will experience an extraordinary pilgrimage through Mary's life as we explore "The Visitation." All women are invited to join us on the 2nd Thursday of each month. Each session is designed so women can join anytime during the year, or miss a session if there is a conflict. No cost or registration. For more information, contact Cindy in the parish office at 701-255-4600.



SPANISH MASS

The November Spanish Mass at Corpus Christi will be held on November 19th at 1:00 p.m. As always, all are welcome. If you know of anyone who would care to celebrate mass in Spanish, please feel free to invite them. For any questions call or text Fr. Terry at (701)-226-1609.

ONE WEEKEND, ALL THE DIFFERENCE

What if the worst thing you think could happen does, and you are widowed, separated, or divorced? How do you cope with the grief, loss and pain? No one has to suffer alone, and while life may never be the same, it can be good again - very good. The Beginning Experience weekend helps deal with the grief and, through God, turn the path of loss into an experience of positive growth. Join others for support on this journey of healing and hope. This is open to all denominations and will be held at the Assumption Abbey in Richardton, ND on November 17-19, 2017. For more information or to register, contact Elaine at 701-400-1941.



The Diocese of Bismarck has a job opening for a "Planned Giving Specialist Position". Please submit cover letter, resume, three references and diocesan application for employment to Denise Jordan, Po Box 1575, Bismarck, ND 58502 or djordan@bimarckdiocese.com. For the job description and more information please check out bismarckdiocese.com under the "Job Openings" tab.

FAITH COMMUNITY NURSE

A Faith Community Nurse is the newer term for a Parish Nurse! We are licensed registered nurses in the state of North Dakota and our goal is to minister to the physical, spiritual and emotional needs of the congregation. Faith Community Nursing is a specialty practice of community/public health nursing. As your Parish Nurses, some of the complimentary services we have offered and will continue to offer include:

- Home Visits
- Health Education Sessions
- Health Tips in Bulletin
- Referrals to Community Services
- Blood Pressure Screenings
- Communicating with Client's Physician
- Outreach



You can contact Laura or Linda by calling the church at 701-255-4600 or by email at parishnurse@corpuschristibismarck.com.

Sunday, Nov 05, 2017

THIRTY-FIRST SUNDAY IN ORDINARY TIME

Follow the law of love

We know the Pharisees were arch-villains in the gospels, but it's surprising that these enemies of Jesus actually had some things in common with him. Both wanted to reform their religion, and both saw personal faithfulness to be the way to that renewal. For the Pharisees, though, this effort meant zealous observance of Jewish religious law, while for Jesus it meant rethinking that law in a whole new way. The Pharisees allied themselves with those in political power. Jesus, on the other hand, was a victim of politics, and his authority was a conduit for God's healing love, not a means of control. How can you exercise your authority for good?

TODAY'S READINGS: Malachi 1:14b—2:2b, 8-10; 1 Thessalonians 2:7b-9, 13; Matthew 23:1-12 (151). *"Do not be called 'Master'; you have but one master, the Messiah."*

Monday, Nov 06, 2017

Pay it forward

The idea of repaying a favor or someone's generosity by doing the same for a third party has been around a long time. In fact it's at the core of Jesus' radical challenge to love without condition, because God loved us first—to help the "least among us," who can't possibly pay us back. In extending a loan to a friend, Benjamin Franklin wrote: "When you . . . meet with another honest man in similar distress, you must pay me by lending this sum to him, enjoining him to discharge the debt by a like operation . . . I hope it may thus go thro' many hands . . ."

Extend the chain of giving today!

TODAY'S READINGS: Romans 11:29-36; Luke 14:12-14 (485). *"Blessed indeed will you be because of their inability to repay you."*

Tuesday, Nov 07, 2017

RSVP

In the gospel parable of the great feast, many are invited, but one by one each declines the invitation. Sometimes saying yes feels too much like hard work. We've got so many other things to do! But are we really too busy? Maybe we just don't recognize the invitation. Or maybe the place Jesus is inviting us doesn't look like a banquet. Today, let's remember that Jesus invites us every day: to say a kind word, to think of someone else first, to forgive. Then let's resolve to accept the invitation. We might be surprised.

TODAY'S READINGS: Romans 12:5-16b; Luke 14:15-24 (486). *"Someone gave a great dinner and invited many, saying, 'Come; for everything is ready now.'"*

Wednesday, Nov 08, 2017

Look at the bright side

When Jesus talked about being his disciple, he warned us that the road would be difficult and rocky. Instead of looking at Christ's words in a negative way, try looking at the rewards of sacrificing everything to follow him: the promise of eternal life, true happiness, joy, and peace. Now it doesn't sound so bad, does it? Keep a positive outlook as you travel the path of discipleship.

TODAY'S READINGS: Romans 13:8-10; Luke 14:25-33 (487). *"Every one of you who does not renounce all his possessions cannot be my disciple."*

Thursday, Nov 09, 2017

FEAST OF THE DEDICATION OF THE LATERAN BASILICA

Come on in

Finding God in the marketplace is very difficult for most of us because we are easily distracted by the mundane or *profane* (from the Latin meaning "outside the temple"). A sacred place, like anything sacred, is something set apart or different from what is normal for us. When we enter a cathedral filled with masterpieces and architectural wonders or a simple country church set amid a breathtaking landscape, or any place where we know holy things have happened, we are readily transported to the dwelling place of the divine, where souls are stirred, minds are enlightened, bodies are healed, and sins are forgiven. Step out of your routine and enter a sacred space.

TODAY'S READINGS: Ezekiel 47:1-2, 8-9, 12; 1 Corinthians 3:9c-11, 16-17; John 2:13-22 (671). *"Zeal for your house will consume me."*

Friday, Nov 10, 2017

MEMORIAL OF LEO THE GREAT, POPE, DOCTOR OF THE CHURCH

Seek wisely

Jesus tells us that the kingdom of God is among or, in an equally valid translation of the Greek, within us. But how do we recognize the Kingdom that is among and within us? What do we look for? Solomon suggests a very good place for us to start, with his poetic words of praise for wisdom in the first reading. Where we find wisdom, we find the presence of God—within us and among us. Cultivate eyes to see and ears to hear the wisdom that comes from your own heart, and from the words and example of other prayerful people. Seek wisdom and you'll find the Kingdom.

TODAY'S READINGS: Romans 15:14-21; Luke 16:1-8 (489). *"For, in fact, the kingdom of God is among you."*

Saturday, Nov 11, 2017

MEMORIAL OF MARTIN OF TOURS, BISHOP

Cross violence off the list

It may seem odd that we remember Martin of Tours from the fourth century on Veteran's Day because he was the first Christian pacifist on record. But he, too, was a soldier who came from a Roman military family. Serving in a war he came to view as unjust, he joined the vanguard that carried the cross ahead of the troops, risking his life rather than taking the life of another. In the centuries since Martin's time, Christians still feel ambivalent about saying no in time of war. Martin reminds us that the cross is also a response to the violence in human hearts.

TODAY'S READINGS: Romans 16:3-9, 16, 22-27; Luke 16:9-15 (490). *"Those who lose their life will keep it."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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IN REMEMBRANCE OF OUR LOVED ONES
CHURCH OF CORPUS CHRISTI
 NOVEMBER 4, 2017

Edward Sypnieski	October 1, 2016
Betty Neigum.....	October 4, 2016
Delia Hammel.....	October 16, 2016
Marcella Spitzbarth.....	October 18, 2016
Dick Olson.....	October 18, 2016
Al Holzer	October 20, 2016
Cecilia Jundt	October 27, 2017
Greg Jacobs.....	November 4, 2016
Don Hermanson	November 5, 2016
Helen McDonald.....	November 20, 2016
Joseph Schaff.....	November 27, 2016
Raymond Wehrman	December 3, 2016
Rose Gabriel	December 4, 2016
Jeanne Woeste	December 4, 2016
John Oberst.....	December 6, 2016
Magdalena Masseth	December 11, 2016
Edwin Lacher.....	January 2, 2017
Ardelle Girard.....	January 2, 2017
Giles Jantzer	January 4, 2017
Mary Brendel	January 23, 2017
Angeline Miller	February 1, 2017
Danie Thomssen	February 11, 2017
Genevieve Diebel	February 12, 2017
Bernadette Welch.....	February 13, 2017
Leona Welinger	February 20, 2017
Cherlene Kelsch.....	March 10, 2017
Donald Jorgenson	March 19, 2017
Joseph Fortune.....	April 17, 2017
Ryan Lemer	April 26, 2017
Bernadette Axtman	May 17, 2017
Delores Klein	May 19, 2017
Dolores Barta.....	May 30, 2017
James Graf	June 2, 2017
Rosemary Eymann.....	June 13, 2017
Darold Axtman	July 28, 2017
Jacob Neigum	July 29, 2017
Paige Vearrier.....	August 16, 2017
George Herauf	September 9, 2017
Katherine Dressler	September 16, 2017
Delores Knell.....	September 17, 2017

Health, Wellness & Education Fair

Come Join Us

Thursday, November 9, 2017

9:00 a.m. - 12:00 p.m.

Church of Corpus Christi

1919 N 2nd St, Bismarck

**Join us for:
Blood Pressure Checks
Information
Door Prizes
Refreshments**



Dakota Eye Institute - Eye care information

Bismarck Library - Services available

Bismarck Police Department - Helpful hints on keeping safe

Dakota Pharmacy - FLU SHOTS
(bring your Medicare Part B card)

Catholic Charities - Putting faith into action

Elite Eye Care - Glasses adjustment/cleaning

Eastgate Funeral Home (Brenda Bergan) - Support groups available, meet therapy dogs

ND Assistive Technology - Help for aging safely

Northland Pace - Adult care services benefits

Corpus Christi Pastoral Ministry - Funeral preplanning

St. Mary Cemetery - Information

Corpus Christi Faith Community Nurses - Laura and Linda will provide health education

Northland Care Coordination - Guidance with health care issues

Mary Kay Cosmetics - Samples

Real Time Pain Relief - Samples

Damsels in Distress - Information

Professional Hearing Services - Information

Free Blood Pressure Checks Available

Dakota Center for Independent Living - Information

AARP - Senior Medicare Patrol information

Dakota Home Care - Services to assist you

Parkinson Support Group - Information

UND Clinic Library - Health issues information

Pelican Health - Comprehensive pelvic health and continence center

State Library - Talking books and more

Great Plains CHI - Home medical equipment and services

Mike Schaff - Attorney - Information about Health Care Directives, Power of Attorney

Bismarck Cancer Center - Skin cancer screenings

CHI Sleep Center - Information about sleep apnea

YMCA - Keeping active and having fun

ND Extension Service - Keeping our bones healthy

Edgewood Vista - Benefits of community living

Elicia Faul Loose Leaves Acupuncture - Free chair massage

CHI St. Alexius - Bone density testing

Nancy's Electrolysis - Information

**AGAIN THIS YEAR
RECORDKEEPERS - FREE SHREDDING!!
Bring your personal shredding.
Containers will be available**